



Drillundersøkelse

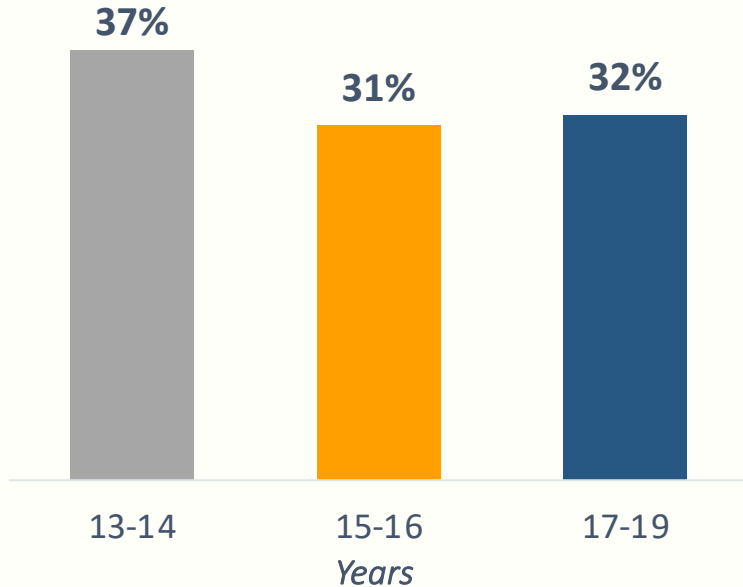
30 May 2023



Demographics

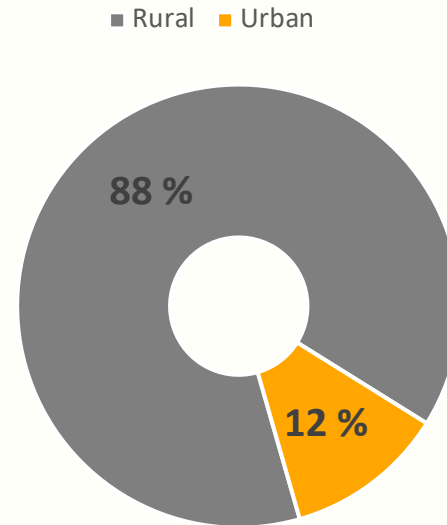
214 responses | Response rate 47%

Age



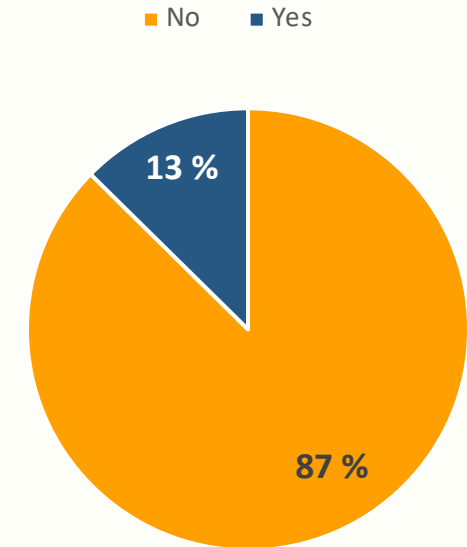
- ↑ Opportunity to perform to live band music, twirler development, positive band reputation
- ↑ Adaptability to change, feeling safe and accepted in the bands, exposure to PULSE
- ↑ Training hours, decision-making power, exercise of voting rights, stress management, lifeskills acquisition, building connections, behaviour change, compassion, wellbeing in the bands

Location



- ↑ No age limit, exercise of voting rights
- ↑ Opportunity to perform to live band music, wellbeing

PULSE exposure

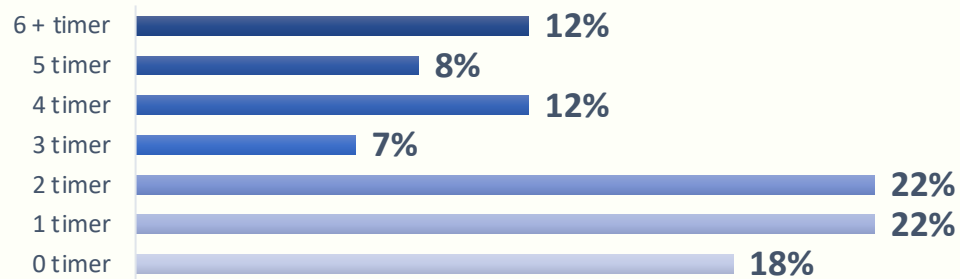


- ↑ Opportunity to perform to live band music, wellbeing in the band, positive band reputation, twirler development, stress management, feeling of safety, behaviour change
- ↑ Exercise of voting rights, positive self-esteem, lifeskills acquisition, compassion

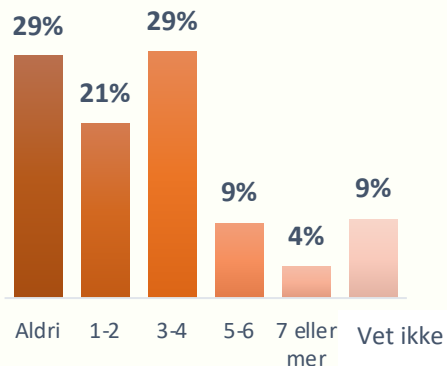
*Arrows = traits that are higher in each group.

Training, Opportunity and Development

Training: 82% of twirlers train for at least 1 hour per week (32% for 4+ hours) (Q3)



Opportunity to participate: 65% of respondents can twirl beyond the age of 19; 24% have an age limit of 10 years. (Q4)



50% of twirlers perform to live band music 1-4 times per year. (Q5)

29% never perform to live band music. (Q5)

Skills Development: 74% develop as twirlers in the band (Q14)



Non-twirling skills gained (Q15)

1. Role modelling | Forbilde (60% - 119)
2. Cooperate | Samarbeide (52% - 103)
3. Communicate | Kommunisere (44% - 87)
4. Stand on stage | Stå på en scene (42% - 84) *13-14
5. Responsible for others | Ansvar for andre (37% - 73)

**PULSE: Produce demonstrations (42%)*

**15-16: Leadership (38%)*

**17-19: Planning (32%)*

Wellbeing, Behaviour and Perceptions



Wellbeing: Twirlers feel **3%** better in the band (**88%**) than out of the band (**85%**) (Q7,8)



Decision Making: **39%** vote in annual meetings, but **72%** feel they can make decisions in the band (Q9,10)



Reputation: **45%** feel the band reputation is positive (Q11)



Role models in the band

81% perceive role models in the band (Q16)

Top mentions of people who twirlers feel they can go to for support in the band are:

1. Fellow twirler (63%)
2. Instructor (42%)
3. No one (**19%**)

Priority Areas



Social Engagement areas (Q12)

1. Diversity | Mangfold (57% - 118)
2. Exclusion | Utenforskap (40% - 84)
3. Social Biases | Sosiale skjevheter (35% - 73)
4. I don't know | Vet Ikke (27% - 56) *13-14
5. Environment | Miljø (25% - 51) *PULSE



Most important in band future (Q13)

1. Twirler development | Driller utvikling (76% - 158)
2. Twirler & dance moves | Drill- og dansebevegelsene (66% - 138)
3. Competitions | Konkurranser (63% - 132)
4. Friends | Venner (62% - 129)
5. Varied training activities | Ulike oppgaver på treningen (37% - 77)

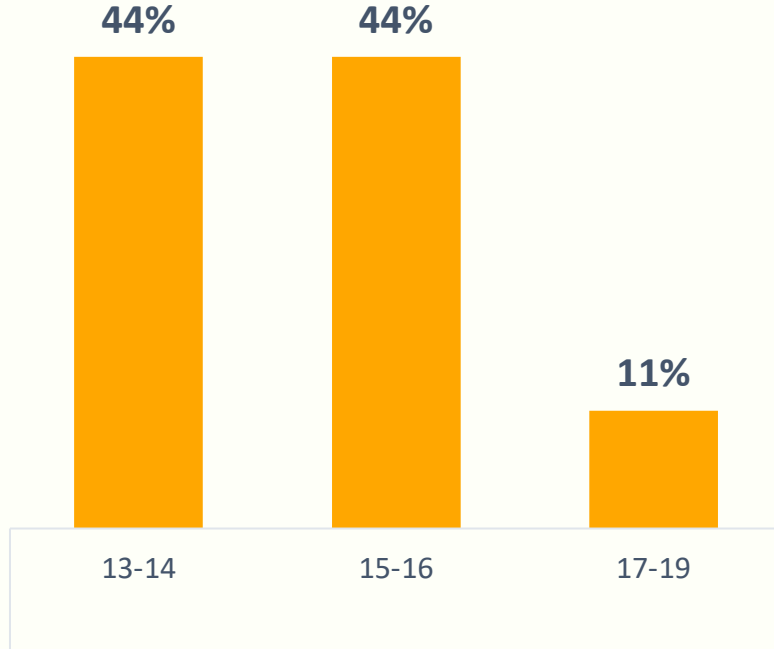
*PULSE: Peace and order at rehearsals | Ro og orden (46%)

*15-16: Music and choreography | Musikken og koreografien (36%)

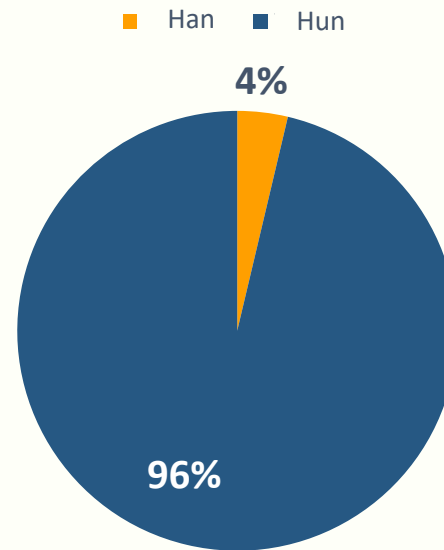
PULSE Programme

27 Twirlers | 13% of respondents

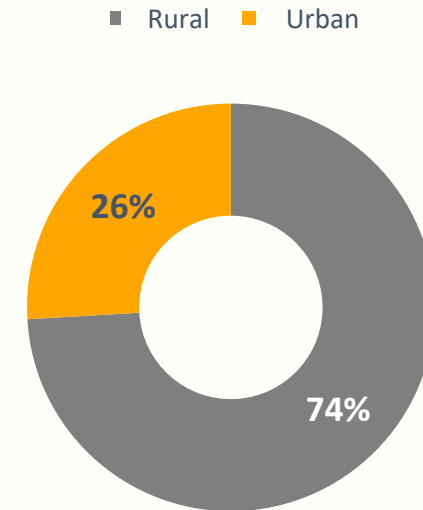
Age



Gender



Location



PULSE Indicators

Overall

PULSE | Non-PULSE

Overall

PULSE

Non-PULSE

Belonging
83%

88% | 82%

- Feeling safe in the band (Q19)
- Feeling accepted in the band (Q20)

76%
89%

88%
88%

74%
89%

Confidence
73%

67% | 73%

- Self-esteem (external) (Q21)
- Positive self-worth (internal) (Q22)

71%
74%

63%
71%

72%
74%

Resilience
75%

79% | 74%

- Ability to handle stress (Q17)
- Ability to adapt to change (Q18)

70%
79%

79%
79%

69%
79%

Empowerment
56%

49% | 57%

- Decision-making power (Q9)
- Annual vote participation (10)

72%
39%

69%
29%

73%
40%

Role modelling
50%


54% | 50%

- Perceived supportive leadership (Q16)

50%

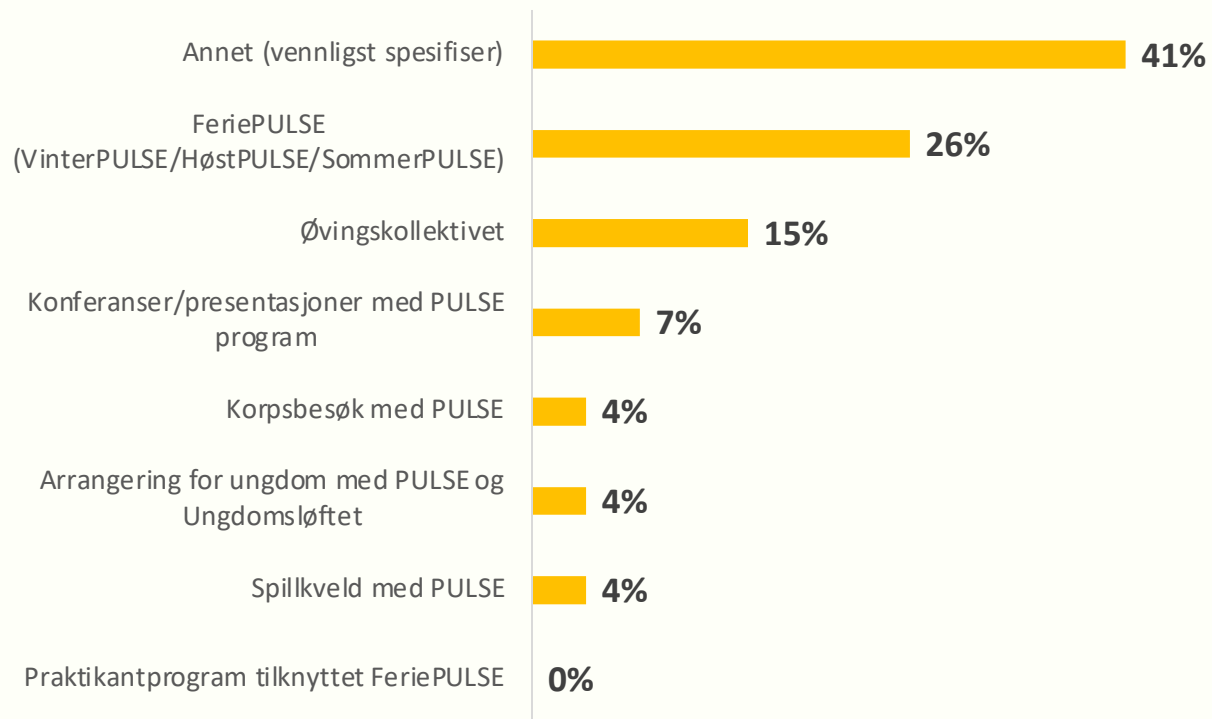
54%

50%

 Box shows higher %

PULSE Activities

PULSE activities that twirlers have participated in (Q6)



Other (annet) mentions include:

- Workshops & courses (15% - 4)
- Competitions, concerts & festivals (11% - 3)
- Nordlysdrilliaden (7% - 2)
- ØM I DRILL (7% - 2)
- Tusenfrydstevnet (4% - 1)

PULSE Indicators



5C's of Positive Youth Development:

75%

67%

75%

Overall

PULSE

Non-PULSE

Confidence: I believe that my band helps me build positive self-worth (Q22)

74%

71%

74%

Connections: I believe that being in my band helps me build good relationships with other band members (Q23)

85%

83%

85%

Competence: I believe that being in my band teaches me skills that help me in my life outside of the band (Q24)

73%

58%

75%

Character: I believe that being part of my band has taught me to behave better (Q25)

76%

83%


75%

Compassion: I believe that being part of my band teaches me to care for and be kind to others (Q26)

65%

42%

68%

 Box shows higher %

Overall Summary



What works well

- ✓ **88%** feel good/great in the band (Q7)
- ✓ **85%** feel good/great in general (Q8)
- ✓ **81%** perceive role models in the band (fellow twirlers & band leadership) (Q16)
- ✓ **83%** have a strong sense of belonging in the band (Q19, 20)
- ✓ **82%** of twirlers train for at least 1 hour per week (32% for 4+ hours) (Q3)
- ✓ Good variety of non-twirling skills also gained through the band (Q15)



What works moderately well

- **74%** feel they develop as twirlers in the band (Q14)
- **72%** can make decisions in the band (Q9)
- **75%** believe the bands contribute to Positive Youth Development (Q22-26)
- **73%** show high levels of confidence (Q21-22)
- **75%** show high levels of resilience (Q17-18)
- **65%** of respondents can twirl in their bands beyond the age of 19 (Q4)



What needs improvement

- ✗ **39%** vote in annual meetings (Q10)
- ✗ **45%** think the band has a positive reputation (Q9)
- ✗ **29%** (1 in 3 twirlers) never perform to live band music (Q5)

**Detailed data
disaggregation by question**

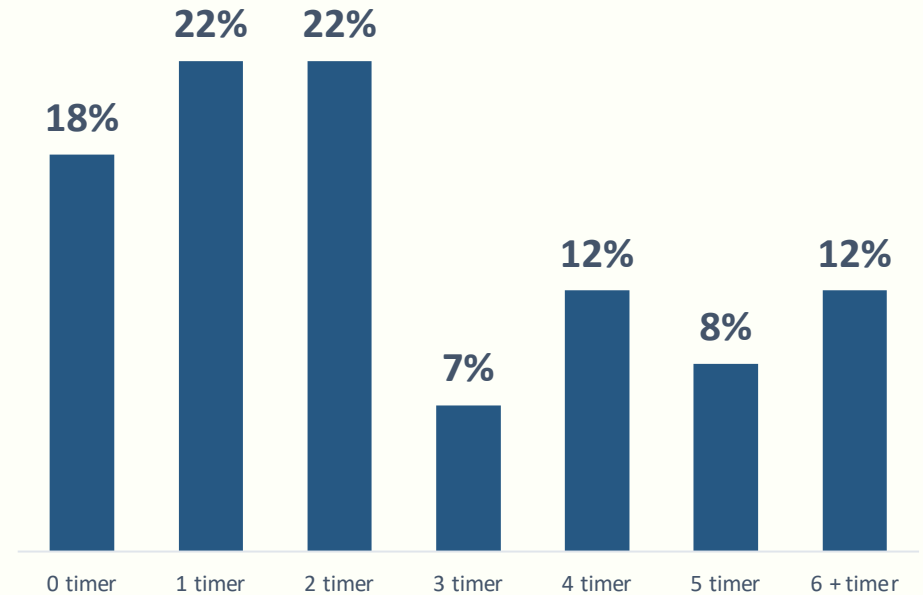
Training hours (Q3)

	0 hr	1 hr	2 hr	3 hr	4 hr	5 hr	6+ hr
Age							
13-14 (80)	23.8%	31.3%	18.8%	5.0%	6.3%	10.0%	5.0%
15-16 (66)	16.7%	21.2%	25.8%	7.6%	13.6%	7.6%	7.6%
17-19 (68)	11.8%	11.8%	22.1%	7.4%	16.2%	7.4%	23.5%

PULSE exposure							
PULSE (27)	22.2%	40.7%	11.1%	3.7%	7.4%	14.8%	0%
Non-PULSE (187)	17.1%	19.3%	23.5%	7.0%	12.3%	7.5%	13.4%

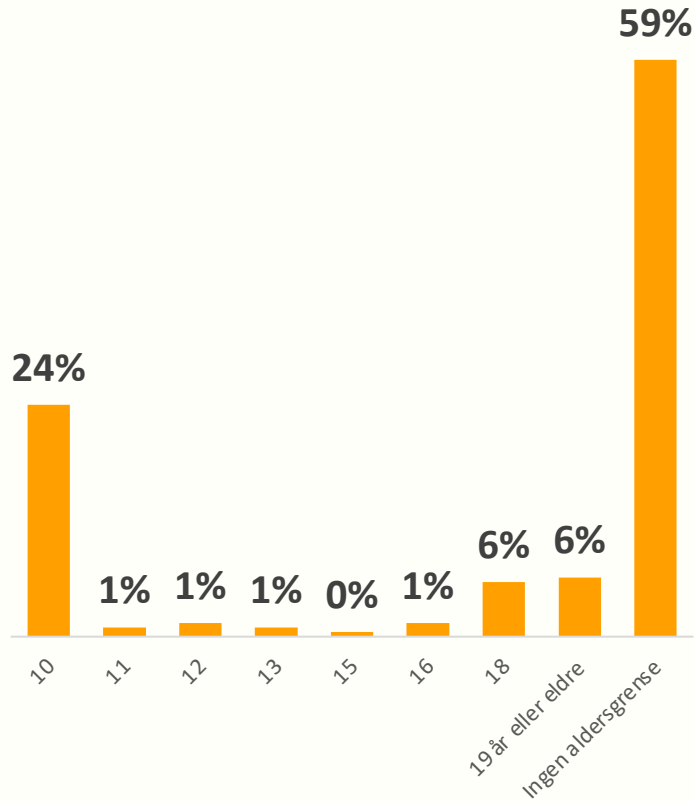
NMF Region							
Hordaland (4)	25.0%	25.0%	50.0%	0.0%	0.0%	0.0%	0.0%
Innlandet (24)	4.2%	29.2%	29.2%	12.5%	20.8%	0.0%	4.2%
Nord-Norge (47)	23.4%	19.1%	14.9%	2.1%	8.5%	17.0%	14.9%
Nordvest (19)	21.1%	36.8%	31.6%	0.0%	5.3%	5.3%	0.0%
Øst (46)	8.7%	23.9%	30.4%	6.5%	13.0%	10.9%	6.5%
Rogaland (32)	12.5%	6.3%	9.4%	6.3%	21.9%	9.4%	34.4%
Sør (29)	27.6%	20.7%	13.8%	17.2%	6.9%	3.4%	10.3%
Trøndelag (13)	38.5%	30.8%	30.8%	0.0%	0.0%	0.0%	0.0%

Summary of training hours



Age limits in the bands (Q4)

Summary of age limits



	10	11	12	13	14	15	16	17	18	19 and older	No age limit
Age											
13-14 (80)	25.0%	1.3%	1.3%	1.3%	0.0%	0.0%	0.0%	0.0%	6.3%	11.3%	53.8%
15-16 (66)	18.2%	1.5%	3.0%	1.5%	0.0%	0.0%	3.0%	0.0%	4.5%	3.0%	65.2%
17-19 (68)	27.9%	0.0%	0.0%	0.0%	0.0%	1.5%	1.5%	0.0%	5.9%	2.9%	60.3%
Location											
Urban (29)	24.0%	0.0%	0.0%	0.0%	0.0%	4.0%	0.0%	0.0%	16.0%	4.0%	52.0%
Rural (189)	23.8%	1.1%	1.6%	1.1%	0.0%	0.0%	1.6%	0.0%	4.2%	6.3%	60.3%
NMF Region											
Hordaland (4)	50.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	50.0%
Innlandet (24)	16.7%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	4.2%	4.2%	75.0%
Nord-Norge (47)	21.3%	0.0%	2.1%	2.1%	0.0%	0.0%	0.0%	0.0%	0.0%	2.1%	72.3%
Nordvest (19)	26.3%	5.3%	5.3%	5.3%	0.0%	0.0%	5.3%	0.0%	0.0%	0.0%	52.6%
Øst (46)	10.9%	0.0%	2.2%	0.0%	0.0%	2.2%	2.2%	0.0%	13.0%	8.7%	60.9%
Rogaland (32)	37.5%	3.1%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	6.3%	53.1%
Sør (29)	34.5%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	6.9%	17.2%	41.4%
Trøndelag (13)	23.1%	0.0%	0.0%	0.0%	0.0%	0.0%	7.7%	0.0%	23.1%	0.0%	46.2%

Performing to live band music (Q5)

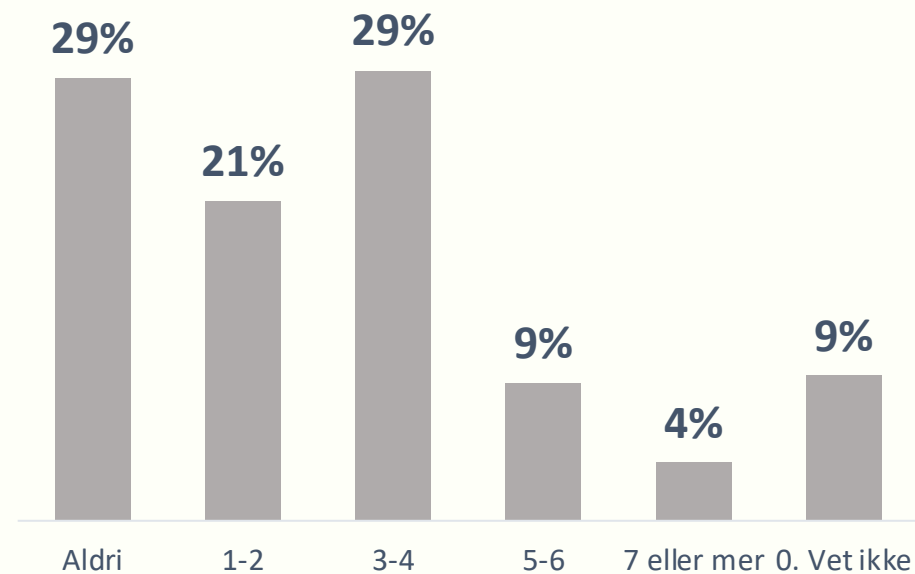
	Never	1-2	3-4	5-6	7 or more	I don't know
Age						
13-14 (80)	15.0%	22.5%	32.5%	12.5%	3.8%	13.8%
15-16 (66)	24.2%	22.7%	33.3%	6.1%	4.5%	9.1%
17-19 (68)	48.5%	16.2%	20.6%	7.4%	2.9%	4.4%

PULSE exposure						
PULSE (27)	14.8%	14.8%	48.1%	3.7%	3.7%	14.8%
Non-PULSE (187)	30.5%	21.4%	26.2%	9.6%	3.7%	8.6%

Location						
Urban (29)	12.0%	20.0%	36.0%	16.0%	12.0%	4.0%
Rural (189)	30.7%	20.6%	28.0%	7.9%	2.6%	10.1%

NMF Region						
Hordaland (4)	75.0%	25.0%	0.0%	0.0%	0.0%	0.0%
Innlandet (24)	29.2%	12.5%	41.7%	0.0%	0.0%	16.7%
Nord-Norge (47)	27.7%	23.4%	25.5%	8.5%	0.0%	14.9%
Nordvest (19)	10.5%	21.1%	47.4%	10.5%	10.5%	0.0%
Øst (46)	37.0%	17.4%	23.9%	8.7%	6.5%	6.5%
Rogaland (32)	56.3%	18.8%	15.6%	6.3%	3.1%	0.0%
Sør (29)	3.4%	13.8%	37.9%	20.7%	3.4%	20.7%
Trøndelag (13)	0.0%	53.8%	30.8%	7.7%	7.7%	0.0%

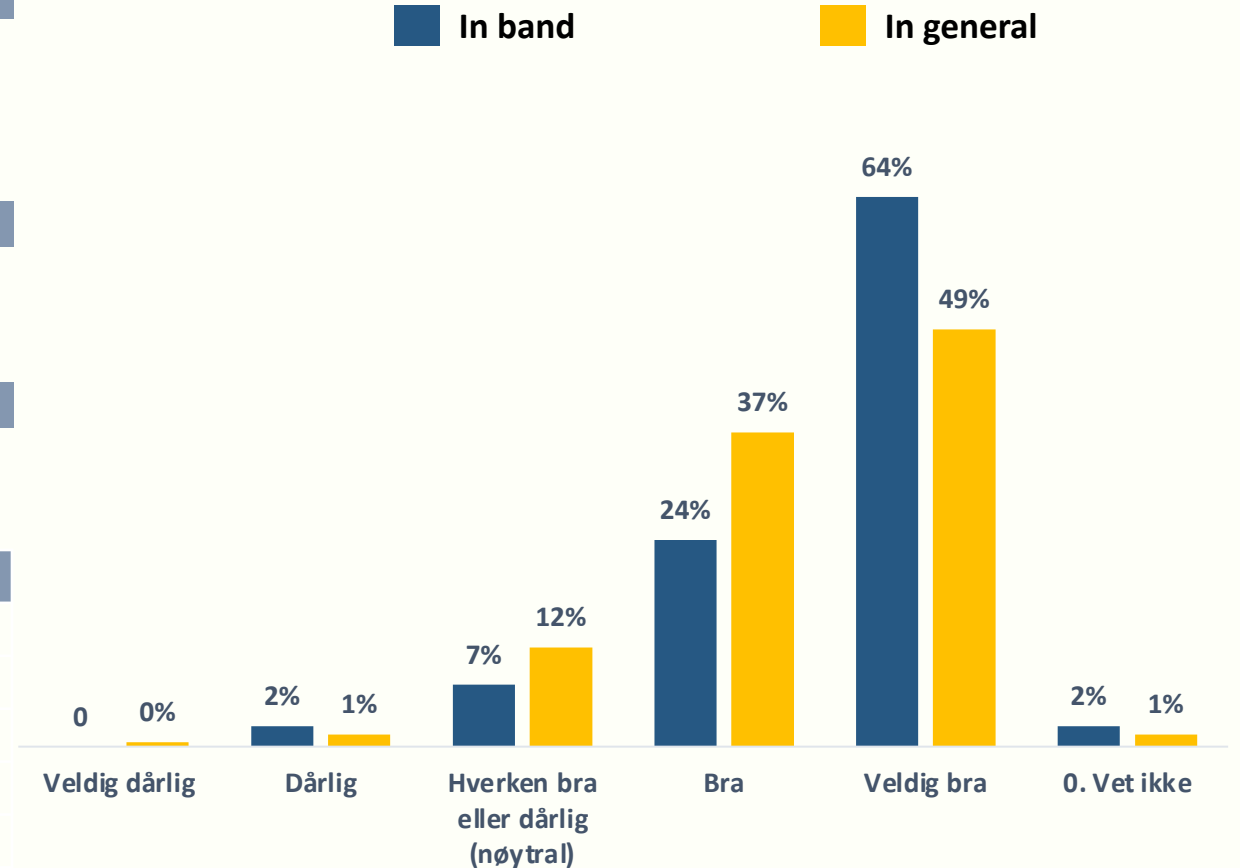
Summary of opportunities to perform to live band music per year



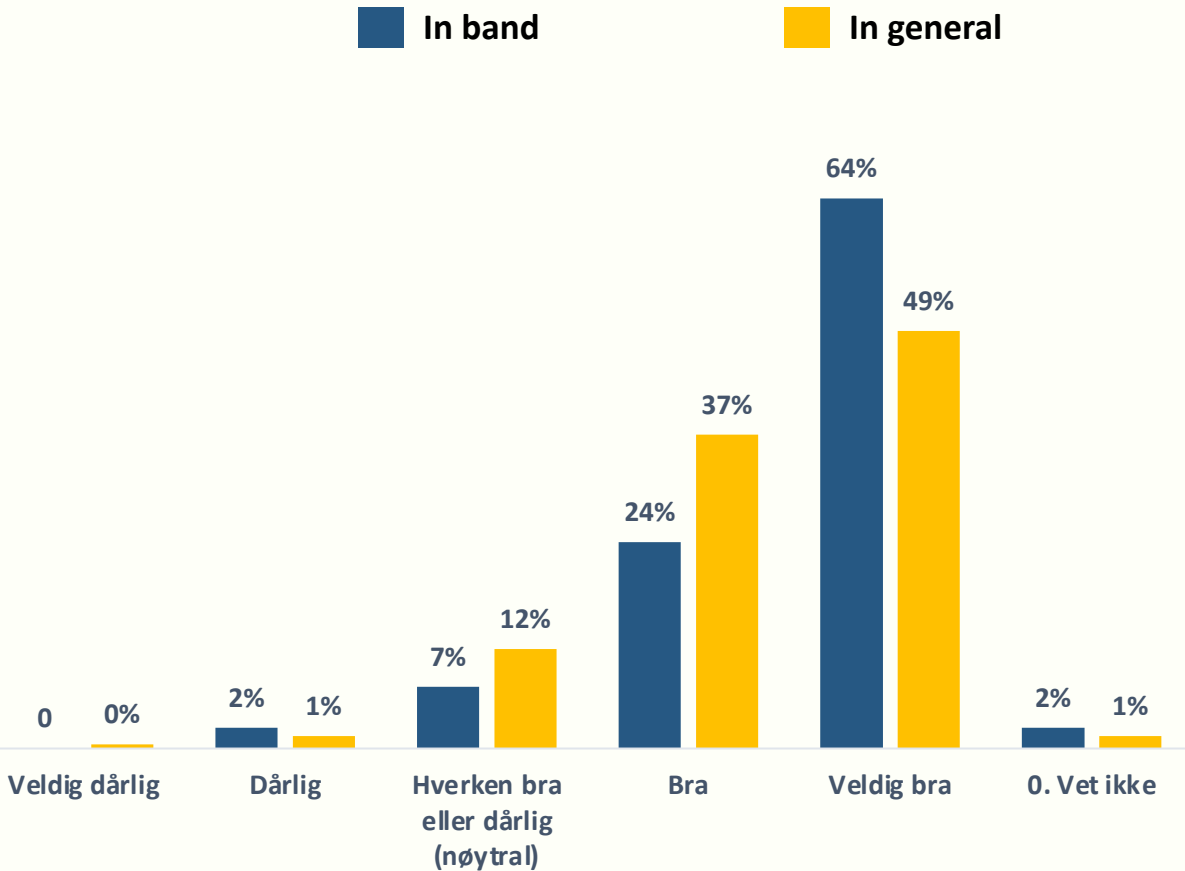
Wellbeing: In vs. out of band (Q7,8) 88% | 85%

Wellbeing in the band

	Very poor	Poor	Neutral	Good	Very Good	I don't know
Age						
13-14 (80) 90%	0.0%	2.5%	7.5%	22.5%	67.5%	0.0%
15-16 (65) 86%	0.0%	1.5%	6.2%	21.5%	64.6%	6.2%
17-19 (63) 87%	0.0%	3.2%	7.9%	28.6%	58.7%	1.6%
PULSE exposure						
PULSE (26) 96%	0.0%	3.8%	0.0%	38.5%	57.7%	0.0%
Non-PULSE (182) 87%	0.0%	2.2%	8.2%	22.0%	64.8%	2.7%
Location						
Urban (29) 92%	0.0%	4.0%	4.0%	32.0%	60.0%	0.0%
Rural (183) 87%	0.0%	2.2%	7.7%	23.0%	64.5%	2.7%
NMF Region						
Hordaland (4) 100%	0.00%	0.00%	0.00%	75.00%	25.00%	0.00%
Innlandet (23) 91%	0.00%	0.00%	8.70%	26.09%	65.22%	0.00%
Nord-Norge (46) 91%	0.00%	2.17%	4.35%	26.09%	65.22%	2.17%
Nordvest (17) 94%	0.00%	5.88%	0.00%	29.41%	64.71%	0.00%
Øst (47) 89%	0.00%	2.17%	4.35%	21.74%	67.39%	4.35%
Rogaland (31) 90%	0.00%	0.00%	9.68%	25.81%	64.52%	0.00%
Sør (28) 79%	0.00%	3.57%	10.71%	14.29%	64.29%	7.14%
Trøndelag (13) 69%	0.00%	7.69%	23.08%	15.38%	53.85%	0.00%



Wellbeing: In vs. out of band (Q7,8) **88% | 85%**



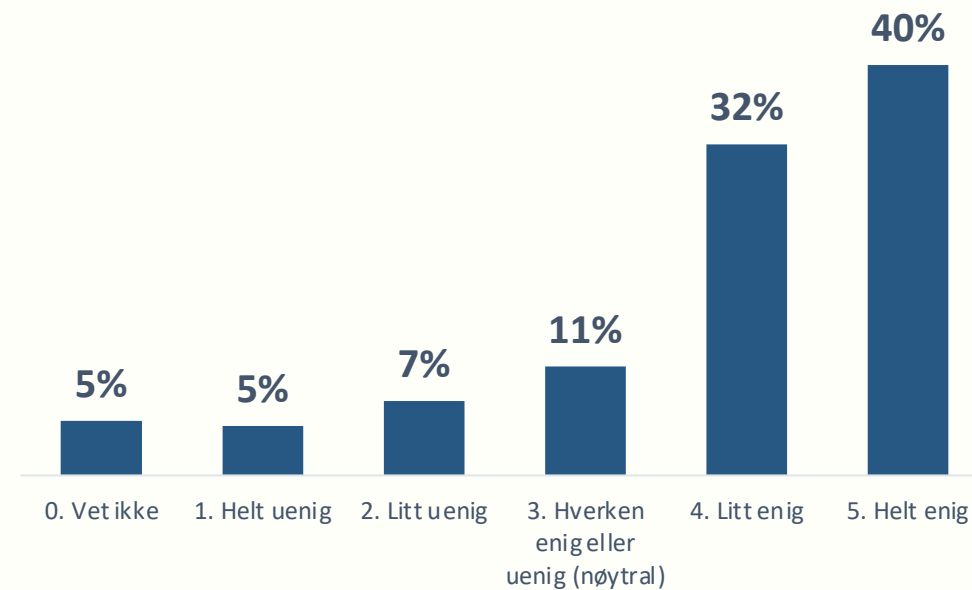
Wellbeing in general

	Very poor	Poor	Neutral	Good	Very Good	I don't know
Age						
13-14 (80) 84%	1.3%	1.3%	13.8%	32.5%	51.3%	0.0%
15-16 (65) 82%	0.0%	0.0%	15.4%	29.2%	52.3%	3.1%
17-19 (63) 90%	0.0%	3.2%	4.8%	49.2%	41.3%	1.6%
PULSE exposure						
PULSE (26) 88%	3.8%	0.0%	7.7%	38.5%	50.0%	0.0%
Non-PULSE (182) 85%	0.0%	1.6%	12.1%	36.3%	48.4%	1.6%
Location						
Urban (29) 84%	0.0%	8.0%	8.0%	48.0%	36.0%	0.0%
Rural (183) 85%	0.5%	0.5%	12.0%	35.0%	50.3%	1.6%
NMF Region						
Hordaland (4) 100%	0.0%	0.0%	0.0%	50.0%	50.0%	0.0%
Innlandet (23) 87%	0.0%	0.0%	13.0%	43.5%	43.5%	0.0%
Nord-Norge (46) 83%	0.0%	2.2%	13.0%	43.5%	39.1%	2.2%
Nordvest (17) 88%	0.0%	0.0%	11.8%	17.6%	70.6%	0.0%
Øst (47) 83%	0.0%	2.2%	13.0%	37.0%	45.7%	2.2%
Rogaland (31) 90%	0.0%	3.2%	6.5%	35.5%	54.8%	0.0%
Sør (28) 82%	3.6%	0.0%	10.7%	32.1%	50.0%	3.6%
Trøndelag (13) 85%	0.0%	0.0%	15.4%	30.8%	53.8%	0.0%

Decision-making power (Q9) **72%**

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree	I don't know
Age						
13-14 (80) 63%	8.8%	8.8%	15.0%	30.0%	32.5%	5.0%
15-16 (65) 75%	1.5%	7.7%	7.7%	33.8%	41.5%	7.7%
17-19 (63) 81%	3.2%	4.8%	7.9%	33.3%	47.6%	3.2%
PULSE exposure						
PULSE (26) 69%	3.8%	11.5%	3.8%	23.1%	46.2%	11.5%
Non-PULSE (182) 73%	4.9%	6.6%	11.5%	33.5%	39.0%	4.4%
Training hours						
0 hr (35) 69%	5.7%	8.6%	14.3%	34.3%	34.3%	2.9%
1 hr (47) 70%	4.3%	6.4%	14.9%	21.3%	48.9%	4.3%
2 hr (47) 68%	8.5%	8.5%	8.5%	31.9%	36.2%	6.4%
3 hr (14) 79%	0.0%	7.1%	14.3%	50.0%	28.6%	0.0%
4 hr (24) 83%	4.2%	4.2%	4.2%	45.8%	37.5%	4.2%
5 hr (18) 61%	0.0%	16.7%	11.1%	38.9%	22.2%	11.1%
6+ hr (23) 83%	4.3%	0.0%	4.3%	21.7%	60.9%	8.7%
NMF Region						
Hordaland (4) 75%	0.0%	0.0%	25.0%	25.0%	50.0%	0.0%
Innlandet (23) 83%	0.0%	4.3%	13.0%	56.5%	26.1%	0.0%
Nord-Norge (46) 65%	4.3%	6.5%	17.4%	26.1%	39.1%	6.5%
Nordvest (17) 65%	11.8%	11.8%	11.8%	11.8%	52.9%	0.0%
Øst (47) 70%	4.3%	4.3%	10.9%	26.1%	43.5%	10.9%
Rogaland (31) 90%	6.5%	3.2%	0.0%	48.4%	41.9%	0.0%
Sør (28) 57%	3.6%	21.4%	7.1%	25.0%	32.1%	10.7%
Trøndelag (13) 85%	7.7%	0.0%	7.7%	38.5%	46.2%	0.0%

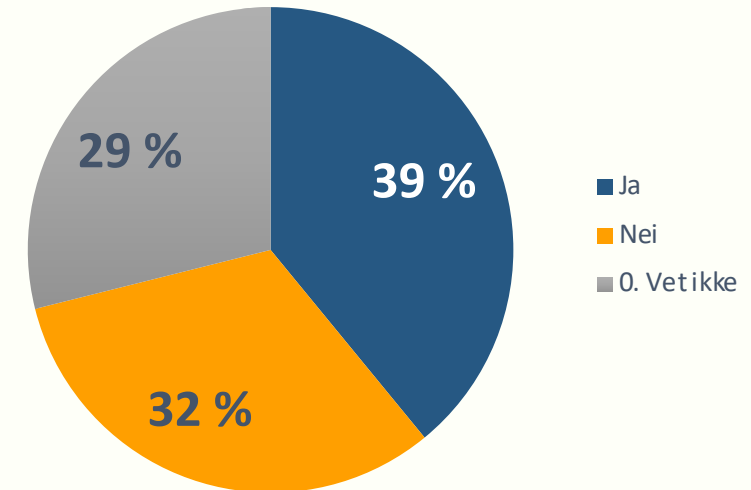
Summary of decision-making power



Annual vote participation (Q10) **39%**

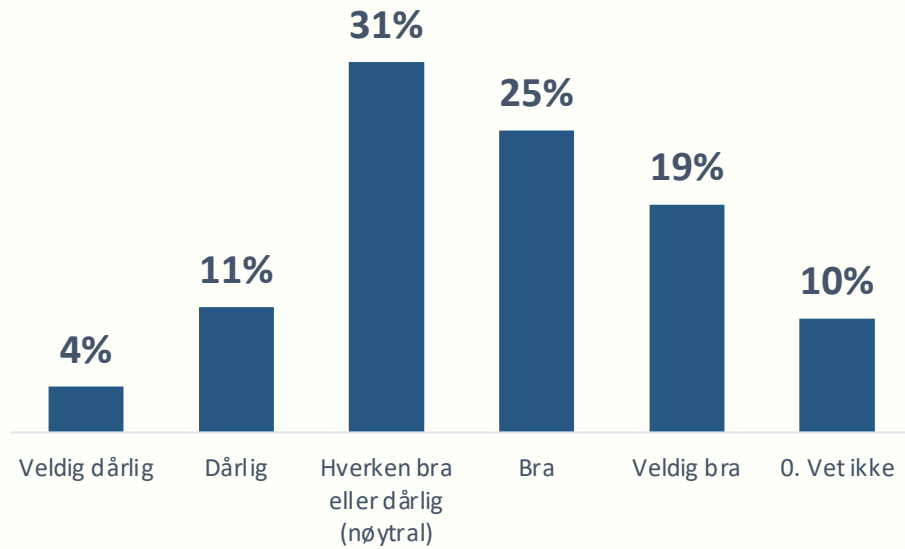
	Yes	No	I don't know
Age			
15-16 (65)	33.8%	35.4%	30.8%
17-19 (63)	44.4%	28.6%	27.0%
PULSE exposure			
PULSE (14)	28.6%	35.7%	35.7%
Non-PULSE (114)	40.4%	31.6%	28.1%
Location			
Urban (10)	20.0%	40.0%	40.0%
Rural (118)	40.7%	31.4%	28.0%
NMF Region			
Hordaland (4)	50.0%	0.0%	50.0%
Innlandet (23)	46.7%	26.7%	26.7%
Nord-Norge (46)	23.8%	38.1%	38.1%
Nordvest (17)	28.6%	57.1%	14.3%
Øst (47)	32.4%	32.4%	35.3%
Rogaland (31)	59.3%	29.6%	11.1%
Sør (28)	33.3%	33.3%	33.3%
Trøndelag (13)	37.5%	25.0%	37.5%

Summary of vote participation



Band reputation (Q11) **45%**

Summary of band reputation

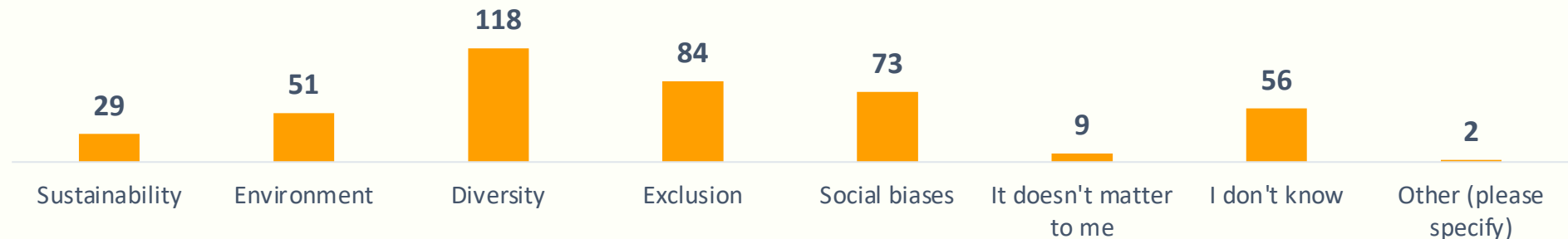


	Very poor	Poor	Neutral	Good	Very Good	I don't know
NMF Region						
Hordaland (4) 50%	0.0%	0.0%	25.0%	25.0%	25.0%	25.0%
Innlandet (23) 43%	0.0%	0.0%	52.2%	17.4%	26.1%	4.3%
Nord-Norge (46) 48%	6.5%	8.7%	28.3%	32.6%	15.2%	8.7%
Nordvest (17) 41%	5.9%	17.6%	23.5%	35.3%	5.9%	11.8%
Øst (47) 35%	6.5%	13.0%	30.4%	15.2%	19.6%	15.2%
Rogaland (31) 61%	0.0%	6.5%	29.0%	38.7%	22.6%	3.2%
Sør (28) 57%	0.0%	14.3%	14.3%	25.0%	32.1%	14.3%
Trøndelag (13) 8%	7.7%	23.1%	61.5%	7.7%	0.0%	0.0%

	Very poor	Poor	Neutral	Good	Very Good	I don't know
Age						
13-14 (80) 54%	1.3%	6.3%	27.5%	35.0%	18.8%	11.3%
15-16 (65) 35%	9.2%	13.8%	33.8%	20.0%	15.4%	7.7%
17-19 (63) 43%	1.6%	12.7%	33.3%	19.0%	23.8%	9.5%
PULSE exposure						
PULSE (26) 50%	7.7%	7.7%	30.8%	30.8%	19.2%	3.8%
Non-PULSE (182) 44%	3.3%	11.0%	31.3%	24.7%	19.2%	10.4%
Location						
Urban (25) 44%	0.0%	16.0%	32.0%	28.0%	16.0%	8.0%
Rural (183) 45%	4.4%	9.8%	31.1%	25.1%	19.7%	9.8%
Wellbeing in the band						
Very good (133) 55%	1.5%	11.3%	25.6%	29.3%	25.6%	6.8%
Good (50) 32%	8.0%	8.0%	48.0%	24.0%	8.0%	4.0%
Neutral (15) 20%	6.7%	20.0%	26.7%	13.3%	6.7%	26.7%
Poor (5) 20%	20.0%	0.0%	60.0%	0.0%	20.0%	0.0%
Very poor (0) 0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
I don't know (5) 0%	0.0%	0.0%	0.0%	0.0%	0.0%	100.0%
Training hours						
0 hr (35) 34%	2.9%	8.6%	37.1%	20.0%	14.3%	17.1%
1 hr (47) 51%	4.3%	14.9%	21.3%	29.8%	21.3%	8.5%
2 hr (47) 40%	6.4%	8.5%	34.0%	25.5%	14.9%	10.6%
3 hr (14) 64%	0.0%	14.3%	21.4%	42.9%	21.4%	0.0%
4 hr (24) 63%	0.0%	4.2%	33.3%	25.0%	37.5%	0.0%
5 hr (18) 33%	5.6%	16.7%	27.8%	27.8%	5.6%	16.7%
6+ hr (23) 35%	4.3%	8.7%	43.5%	13.0%	21.7%	8.7%

Social engagement areas (Q12)

	Sustainability	Environment	Diversity	Exclusion	Social biases	It doesn't matter to me	I don't know	Other (please specify)
Age								
13-14 (153)	7.8%	13.7%	23.5%	18.3%	15.0%	3.3%	17.6%	0.7%
15-16 (135)	6.7%	12.6%	28.9%	18.5%	20.7%	0.0%	11.9%	0.7%
17-19 (134)	6.0%	9.7%	32.1%	23.1%	16.4%	3.0%	9.7%	0.0%
PULSE exposure								
PULSE (57)	5.3%	19.3%	31.6%	14.0%	22.8%	0.0%	5.3%	1.8%
Non-PULSE (365)	7.1%	11.0%	27.4%	20.8%	16.4%	2.5%	14.5%	0.3%
Location								
Urban (51)	3.9%	13.7%	31.4%	19.6%	19.6%	3.9%	7.8%	0.0%
Rural (371)	7.3%	11.9%	27.5%	19.9%	17.0%	1.9%	14.0%	0.3%
NMF Region								
Hordaland (5)	0.0%	0.0%	40.0%	0.0%	40.0%	0.0%	20.0%	0.0%
Innlandet (49)	4.1%	8.2%	26.5%	24.5%	16.3%	0.0%	18.4%	2.0%
Nord-Norge (101)	9.9%	14.9%	23.8%	16.8%	19.8%	2.0%	11.9%	1.0%
Nordvest (34)	2.9%	14.7%	26.5%	23.5%	14.7%	2.9%	14.7%	0.0%
Øst (83)	3.6%	6.0%	34.9%	21.7%	14.5%	3.6%	15.7%	0.0%
Rogaland (65)	6.2%	10.8%	29.2%	23.1%	13.8%	3.1%	13.8%	0.0%
Sør (62)	11.3%	17.7%	24.2%	16.1%	21.0%	1.6%	8.1%	0.0%
Trøndelag (23)	8.7%	17.4%	30.4%	17.4%	17.4%	0.0%	8.7%	0.0%



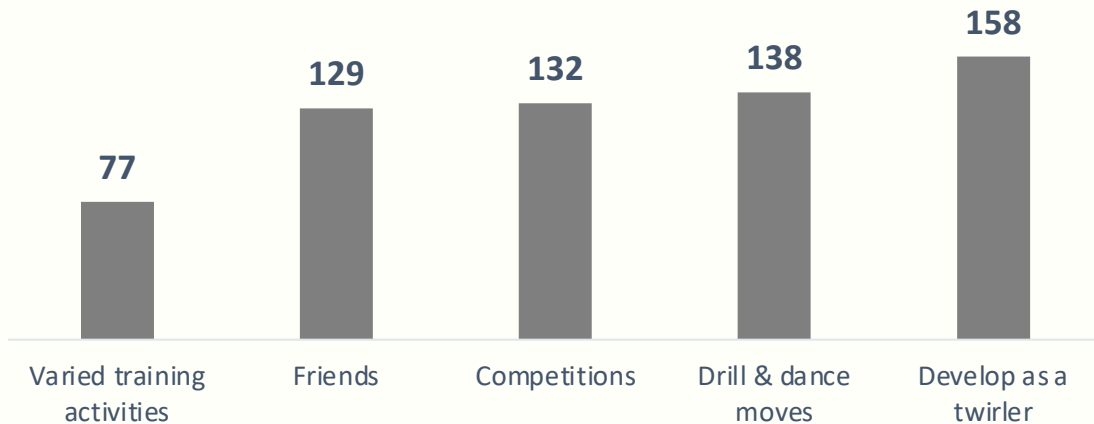
Most important in band future (Q13)

Age		PULSE exposure	
13-14	Twirler & dance moves (57)	PULSE	Twirler & dance moves (18)
	Develop as a twirler (55)		Develop as a twirler (16)
	Friends (55)		Competitions (16)
	Competitions (48)		Peace & order in training (12)
15-16	Varied training activities (34)	Non-PULSE	Friends/Varied training activities (10)
	Develop as a twirler (51)		Develop as a twirler (142)
	Twirler & dance moves (42)		Twirler & dance moves (120)
	Competitions (42)		Friends (119)
17-19	Friends (41)		Competitions (116)
	I like music/choreography (24)		Varied training activities (67)
	Develop as a twirler (52)		
	Competitions (44)		
17-19	Twirler & dance moves (39)		
	Friends (33)		
	Varied training activities (28)		

Location	
Urban	Develop as a twirler (20)
	Twirler & dance moves (20)
	Competitions (20)
	Friends (16)
Rural	Varied training activities (9)
	Develop as a twirler (138)
	Twirler & dance moves (118)
	Friends (113)
	Competitions (112)
	Varied training activities (68)

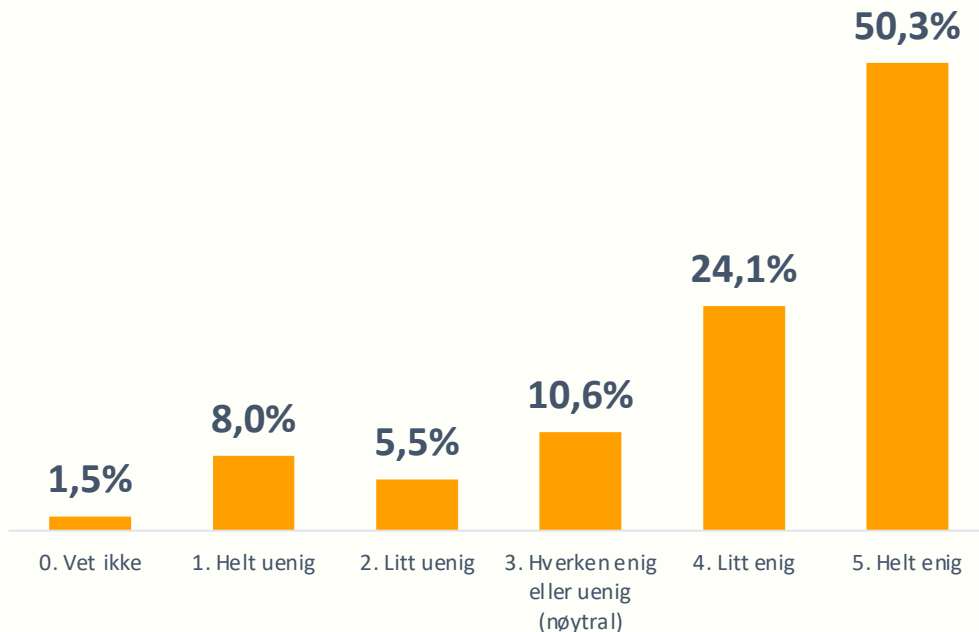
NMF Region			
Hordaland	Øst	Develop as a twirler (4)	Develop as a twirler (38)
		Twirler & dance moves (2)	Friends (29)
		Friends (2)	Competitions (29)
		Competitions (2)	Twirler & dance moves (29)
Innlandet	Rogaland	Varied training activities (20)	Competitions (28)
		Friends (19)	Develop as a twirler (23)
		Competitions (18)	Twirler & dance moves (22)
		Develop as a twirler (17)	Friends (17)
Nord-Norge	Sør	Twirler & dance moves (15)	Music & choreography (12)
		Varied training activities (8)	Competitions (28)
		Friends (19)	Develop as a twirler (21)
		Competitions (18)	Friends (19)
Nordvest	Trøndelag	Develop as a twirler (35)	Twirler & dance moves (18)
		Develop as a twirler (34)	Competitions (11)
		Competitions (28)	Varied training activities (11)
		Friends (26)	Develop as a twirler (11)
Nordvest	Trøndelag	Varied training activities (21)	Twirler & dance moves (8)
		Friends (11)	Friends (6)
		Competitions (10)	Competitions (6)
		Develop as a twirler (10)	Local performances (5)
Nordvest	Trøndelag	Twirler & dance moves (9)	
		Peace & order in training (8)	

Summary of important areas in bands



Twirling skill development (Q14) **74%**

Summary of twirler development in the band

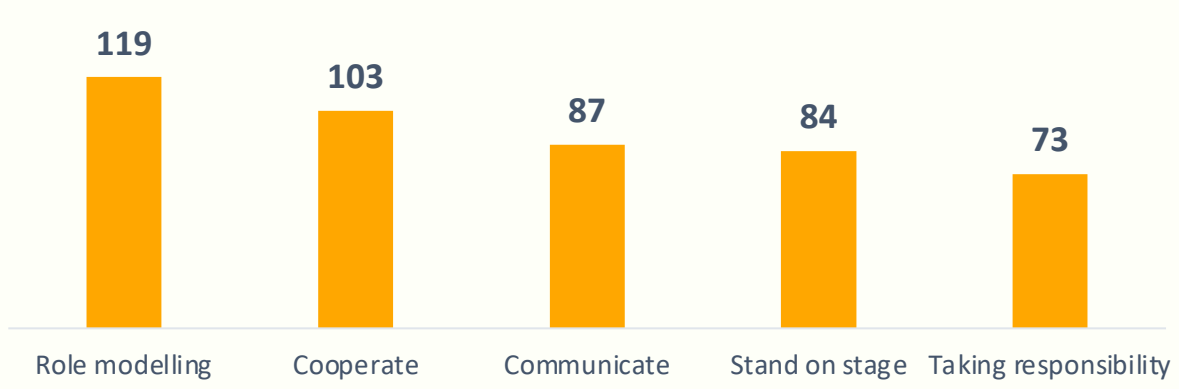


	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree	I don't know
Age						
13-14 (76) 83%	5.3%	3.9%	7.9%	22.4%	60.5%	0.0%
15-16 (62) 71%	8.1%	6.5%	11.3%	17.7%	53.2%	3.2%
17-19 (61) 67%	11.5%	6.6%	13.1%	32.8%	34.4%	1.6%
PULSE exposure						
PULSE (24) 83%	4.2%	4.2%	8.3%	41.7%	41.7%	0.0%
None (175) 73%	8.6%	5.7%	10.9%	21.7%	51.4%	1.7%
Training hours						
0 hr (35) 69%	11.4%	5.7%	14.3%	20.0%	48.6%	0.0%
1 hr (46) 87%	4.3%	0.0%	8.7%	30.4%	56.5%	0.0%
2 hr (43) 63%	7.0%	11.6%	16.3%	11.6%	51.2%	2.3%
3 hr (14) 79%	7.1%	0.0%	14.3%	28.6%	50.0%	0.0%
4 hr (22) 82%	0.0%	9.1%	4.5%	36.4%	45.5%	4.5%
5 hr (17) 71%	11.8%	11.8%	5.9%	17.6%	52.9%	0.0%
6+ hr (22) 73%	18.2%	0.0%	4.5%	31.8%	40.9%	4.5%
NMF Region						
Hordaland (4) 25%	0.0%	25.0%	50.0%	0.0%	25.0%	0.0%
Innlandet (21) 81%	4.8%	14.3%	0.0%	52.4%	28.6%	0.0%
Nord-Norge (44) 73%	9.1%	4.5%	11.4%	15.9%	56.8%	2.3%
Nordvest (17) 82%	5.9%	5.9%	5.9%	17.6%	64.7%	0.0%
Øst (43) 74%	14.0%	2.3%	4.7%	16.3%	58.1%	4.7%
Rogaland (31) 87%	3.2%	6.5%	3.2%	35.5%	51.6%	0.0%
Sør (27) 70%	11.1%	3.7%	14.8%	22.2%	48.1%	0.0%
Trøndelag (12) 50%	0.0%	0.0%	50.0%	25.0%	25.0%	0.0%

Non-twirling skills gained (Q15)

Age		PULSE exposure		NMF Region			
13-14	Role modelling (41) Cooperate with others (41) Stand on stage (39) Communicate (32) Take responsibility (26)	PULSE	Role modelling (13) Take responsibility (13) Cooperate with others (11) Produce demonstrations (11) Communicate (10)	Hordaland	Role modelling (2) Plan (2) Lead (1) Communicate (1) Take responsibility (1) Cooperate with others (1)	Øst	Role modelling (26) Cooperate with others (21) Communicate (20) Stand on stage (17) Take responsibility (15)
	15-16		Role modelling (40) Cooperate with others (29) Communicate (27) Lead (25) Take responsibility (24)		Non-PULSE		Role modelling (106) Cooperate with others (92) Communicate (77) Stand on stage (76) Take responsibility (60)
17-19	Role modelling (38) Cooperate with others (33) Communicate (28) Take responsibility (23) Plan/Stand on stage (22)			Nord-Norge	Cooperate with others (27) Role modelling (24) Communicate (22) Stand on stage (21) Take responsibility (19)	Sør	Cooperate with others (17) Role modelling (14) Communicate (13) Stand on stage (12)
				Nordvest	Role modelling (11) Cooperate with others (8) Stand on stage (8) Take responsibility (7)	Trøndelag	Role modelling (6) Cooperate with others (6) Stand on stage (6) Lead (6) Produce demonstrations (5)

Summary of non-twirling skills gained



Survey Questions

- 2 Kjønn (Hen/Hun/Han/Annet)
- 3 Hvor mange timer egentrening gjennomfører du per uke? (Skala fra 0 til mer enn 6 timer)
- 4 Hva er aldersgrensen for drillere i ditt korps? (10, 11, 12, 13, 14, 15, 16, 17, 18, 19 år eller eldre; Ingen aldersgrense)
- 5 Uten å regne med 17. mai og andre marsjoppdrag; Hvor ofte opptrer drillerne til levende musikk spilt av korpset i løpet av et korpsår? (Aldri; 1-2, 3-4, 5-6, 7 eller mer; Vet ikke)
- 6 Hvilke av følgende aktiviteter har du vært med på?
- 7 Hvordan har du det i korpset? (Skala 1-5; Vet ikke)
- 8 Hvordan har du det i livet utenfor korpset? (Skala 1-5; Vet ikke)
- 9 Opplever du at du får være med å bestemme i korpset? (oppvisninger, konserter, musikk- og koreografivalg, bekledning, konkurranser osv.) (Skala 1-5; Vet ikke)
- 10 Bruker du stemmeretten din på årsmøtet? (De fra 15 år) (Ja / nei / vet ikke)
- 11 Hvordan opplever du at korpset oppfattes blant ungdom som ikke er med i korps? (Skala 1-5; Vet ikke)
- 12 For meg er det viktig at korpset engasjerer seg i: (Bærekraft | Miljø | Mangfold | Utenforskap | Sosiale skjevheter | Betyr ikke noe for meg | Vet ikke | Annet (vennligst spesifiser))
- 13 Hva er viktigst for deg? Velg de fem viktigste punktene for deg:
- 14 Jeg utvikler meg som driller gjennom å være med i korpset (Skala 1-5; Vet ikke)
- 15 Hvilke ferdigheter, utenom drill, opplever du å få gjennom korpset? Velg de fem viktigste punktene for deg:
- 16 Du er med korpset og har en dårlig dag, hvem tar du kontakt med? (En annen driller | Dirigent | Drillinstruktør | En Fra styret | Drillkontakt | Andre foresatt | Ingen | Andre (vennligst spesifiser))
- 17 Jeg er god til å håndtere stress (Skala 1-5)
- 18 Jeg er god på å tilpasse meg endringer. (Skala 1-5)
- 19 I korpset er jeg trygg nok til å ta sjansen, selv om jeg ikke vet hvordan det vil gå . (Skala 1-5)
- 20 Jeg blir akseptert for den jeg er i korpset (Skala 1-5)
- 21 Korpset hjelper meg å bygge selvfølelsen min (Skala 1-5)
- 22 Korpset hjelper meg å bygge selvtilliten min (Skala 1-5)
- 23 Å drille i korps hjelper meg å bygge gode relasjoner med andre (Skala 1-5)
- 24 Å drille i korps lærer meg ferdigheter som hjelper meg generelt i livet utenfor korpset. (Skala 1-5)
- 25 Man får bedre holdninger av å spille i korps. (Skala 1-5)
- 26 Man blir mer omsorgsfull mot andre av å spille i korps (Skala 1-5)